

The **RED DOOR**

The Official Newsletter of
Sigma Phi Epsilon – Indiana Zeta



BALANCED MEN

IN THIS ISSUE

2022 Fall Edition!

Thanksgiving Break is almost upon us! Temperatures have recently dropped to more typical “November in Northwest Indiana” levels, but we were fortunate to have a warm September and October! The chapter certainly took advantage of the nice weather and stayed busy in the past two months. We are so excited to welcome four new members to the chapter from Fall Recruitment. They are featured in this edition. It is always good to see alumni return for homecoming and the BBQ outside the house was a big success. The chapter is focused on recruitment for the spring while finishing this semester strong!

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FALL 2022 - NEW MEMBERS!

Mike Olson

This semester, Sigma Phi Epsilon welcomed four new brothers into the chapter. I myself am one of those new brothers. I sat down with my fellow new brothers to gain insight on their SigEp experiences so far and what they were looking forward to the most. New brother Micah D’Arcangelo said he is looking forward to “Getting involved with IM team sports. I’m really excited for it as I missed out due to prior obligations, but now I am free to play casually, to have fun, and get to know people better”. Kyle Morrison, one of my other new brothers, said he is looking forward to “Hanging out with some more people and getting to know this great group of guys here in this brotherhood”. The conversation of current brothers steering us into joining Sigma Phi Epsilon was present in every sit down I did with all new members, like when I spoke to Ethan Nitzsche, who said one brother in particular helped steer him towards joining SigEp. “Jack Hertzberg is a guy who really

showed me what I could be if I joined SigEp. As I knew him before joining, I saw the kind of man he is, and I wanted to make a push and strive to be like that”. Lastly, my experience with SigEp has been nothing short of amazing. Call it cliché, but this fraternity is different. I know that I am never truly alone when it comes to this fraternity and that the brotherly love expressed here is genuine. The support system I have gained is unreal to me. Originally before joining I was like many other freshmen who were trying to find their people and was a bit overly cautious with most decisions. Because of that, I waited a year instead of joining earlier, and if I had the chance to go back, I would have joined immediately. Even on the very first day on our journeys as members of SigEp, all four of us knew that we had made the right decision in joining and we all look forward to what is in store for all of us in the coming years.

Picture from left to right:

Ethan Nitzsche
Micah D’Arcangelo
Kyle Morrison
Mike Olson



SIGEP SPLASH

Tanner Grashorn

On September 17, the brothers of Sigma Phi Epsilon hosted our annual philanthropy event, SigEp Splash, to support Hilltop Neighborhood House. A total of 11 teams created by fraternities and sororities on Valpo's campus competed for the title of this year's Splash champions. The event consisted of various water related activities including a sponge relay, dizzy waiter, water balloon toss, rubber duck toss, and fan favorite kiddie pool kickball. Leading up to the event, we sold t-shirts designed by brother Noah Godsell and collectively fundraised by reaching out to friends, family, relatives, and alumni for support. Brothers were encouraged to raise money through the incentive that the highest fundraisers would get to slap a plate of yogurt in the faces of the lowest fundraisers in the chapter. A huge shoutout to brother Emmett Peterson for raising \$155, the most of any brother. Thank you to brothers Joe Castleman and Daniel Asselstine for being good sports about being 'gurted.

This year, brothers were designated as captains for each of the competing teams to cheer them on and direct them to each activity. Teams were very appreciative of their captains and the motivation they provided. Some brothers even received the ceremonial "Gatorade shower" from their team after winning one of the activities. After a day of great weather and fun, the men of Phi Kappa Psi were crowned as the winners. The event raised nearly \$2000 which will be used to purchase Christmas gifts and supplies for the children at Hilltop. A total of nearly \$3000 has been raised in total in 2022 for Hilltop, and we are still looking for more ways to increase that total. We would like to thank all event participants and supporters for their contributions! We look forward to next year's event! You can learn more about Hilltop at <https://hilltophouse.org>.

Pictures:

Left – SigEp Splash
2022 t-shirt design

Right – Tanner
cheering as the captain
of the Pi Phi team



HOMECOMING 2022

Allen Marvel

Homecoming 2022 was such a fun time for the men of IN Zeta. Many different homecoming week events were put on by the University Planning Council. Additionally, chapter programming for the weekend with alumni kept brothers active. Brothers participated in events such as the Gnome Hunt, Tricycle Race, volunteering or donating at the Blood Drive, the Cook-Off, the White Sox Game and the Homecoming Kickoff BBQ. I had the honor of serving as the King Candidate from the chapter and participated in all these events with brothers which was such a fun experience while also representing our amazing chapter. During the weekend, we reconnected with tons of alumni and helped to elect some new officers to the AVC. The SigEp BBQ gave brothers time to talk and share memories with alumni and update them on how things are going within the chapter. Also on Saturday, brothers had a fun

time cheering on the football team and hanging out at the tailgate where we got to show off the new tent, banner, and cornhole boards purchased recently for the chapter. Sadly, homecoming comes and goes way too fast, and it seems like there is never enough time to get to share everything. But IN Zeta is already excited for Homecoming 2023 and can't wait to see what accomplishments we will get to share at next year's homecoming.



Pictures:

Left – Brothers and alumni at the Homecoming BBQ

Right – Students watching the finale of the homecoming fireworks show

BROTHERHOOD RETREAT

Ethan Decatur

Last month, our chapter had the opportunity to spend a weekend at Camp Raybird in South Bend, Indiana. This trip, which historically happens every year, is a time for brothers to relax and take a step back from school for a few days, all while spending time with and growing closer with the brothers around them. Not only do brothers have a chance to do things like football, basketball, and other games, but they also complete valuable skill-building activities that motivate them to become better leaders in every aspect of their lives.

The retreat was a good experience overall, with everyone enjoying themselves in the serenity of Camp Raybird. The camp has played host to the chapter for many years now and has been the site of both the brotherhood retreat and the chapter's 'family night' which took place last semester. Brothers took advantage of the time to spend together, and the chapter cannot wait to return to Camp Raybird once again next year.



Pictures:

Left – Chapter picture

Right – The beautiful scenery at Camp Raybird



WHITE SOX GAME – VALPO NIGHT

Noah Godsell



On Thursday, September 22nd some brothers and advisors of the Indiana Zeta chapter took a trip to Guaranteed Rate Field in Chicago for a White Sox game! It was Valpo night and was great getting to see people from all over the Valpo community wandering around the stadium. Everyone, especially David Fowler, also loved getting the Valpo-themed White Sox hats.

We got to the stadium about two hours before the game started, early enough to have a pregame tailgate. Brothers Ryan Cummings and Spencer Lehmann came prepared with all the tailgating essentials, and most importantly, a portable grill. We had plenty of time to play some cornhole, eat some hot dogs, and enjoy some quality time with our brothers and beloved faculty advisors. Big shout out to Spencer for being the grill master for the night.

Once we entered the stadium, Spencer, Ryan, Ethan, and I all decided to try out the speed pitch to see who had the superior arm. Next, we got to our seats in right field near the Cleveland Guardians' bullpen where Ethan ended up getting a ball thrown to him by the bullpen catcher. James Sroge also got a ball from the bullpen later in the game. Throughout the game we tried out some of the concession stands and visited the different areas of the stadium. The White Sox lost the game, but I had a great time exploring the stadium and seeing fellow students from different fraternities and sororities and some Indiana Zeta Alumni! (Shoutout to Fred, DP, and Josh) I hope to go to another White Sox game with my brothers next season to make more memories.



Pictures:
 Left top – Brothers tailgating before the game
 Left bottom – Valpo-themed caps
 Right – Brothers and advisors at the game





UPCOMING CHAPTER EVENTS

November 16	SigEp Thanksgiving
November 17	Recruitment Event: Bowling
November 19-27	Thanksgiving Break
November 27	New Eboard Officer Transition Retreat
December 8	SigEp Christmas
December 12-16	Finals Week
December 16	End of Fall 2022 Semester!



LOOKING FORWARD

Be sure to look for the next newsletter which will feature **Burning Heart**, the **Balanced Man Scholarship Retreat and Banquet**, and more!

LETTER FROM THE EDITOR

Matthew Yee, External Relations Chair

I hope you have enjoyed the fall edition! The end of the semester is quickly approaching, and we are all looking forward to a short break from school and time with family over Thanksgiving. From all of us here at Indiana Zeta, we hope you have a wonderful Thanksgiving holiday. As always, thank you for reading. Please feel free to reach out with any comments or questions you may have!

SigEp

IN ZETA SLC

You can unsubscribe to some or all communications by the Sigma Phi Epsilon Indiana Zeta chapter. However, SigEp needs to communicate with you periodically about our chapter or events that may happen in your area, so we encourage you to allow general Fraternity communication through email. SigEp makes every effort to minimize the number of emails you receive. To update your contact and/or communication, preferences email us at sigep.externalrelations@valpo.edu.

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