

THE RED DOOR

The Official Newsletter of Sigma Phi
Epsilon's Indiana Zeta Chapter

A WEEK WITHIN

How the Brothers Survived Quarantine

Brothers were not excited to discover their plans for the next ten days were changed on Friday, October 16. SigEp had to quarantine until October 25 due to possible COVID exposure. Fortunately, the following week did not live up to the agony we thought would come. Despite being split across 705 Mound Street, Beacon Hall, or their respective hometowns, the brothers were able to stay productive and connect over the next ten days. In the fraternity house, the week became one of brotherhood, filled with differing activities hosted each day by a different brother. From floor hockey tournaments to mysteries to stand up comedy, we were able to stay entertained within the walls of the house. Moreover, the chapter as a whole was able to transition smoothly online once again, and hosted various meetings and a recruitment house tour virtually.

(cont. on page 6)

IN THIS ISSUE

Feature Stories

A Letter to the Editor

2

Quarantine (cont.)

6

Spotlights

2021 Executive Board

3

CrossFit King

7

A NATION BESET AND A PEOPLE BESIEGED: BSO'S WE MATTER WEEK AT VALPO

By **Doc Janowiak: Diversity, Equity, & Inclusion Chair**

An unbroken chain of killings by police in just a few days sparked the largest, most sustained series of protests in recent memory. Spearheaded by the organization Black Lives Matter, itself a creation in response to the “Black Lives Matter Movement,” these protests, like so many before, took aim at the racially-bifurcated justice system of the US, from policing to prisons, and the nation showed its first hints that change in a positive direction might yet be on the horizon.

Valpo's own “Black Student Organization,” or BSO, lent their own contribution to the chorus of voices demanding justice from sea to shining sea, with a week-long series of awareness-building events this month, termed “We Matter Week.” The purpose of the events was to highlight the diversity and richness of cultural experience in the African American tradition, as well as bring to light the struggles, both contemporary and historical, of the black experience in America. The week was the brainchild of the BSO, and run through the “University Programming Council,” or UPC, during the week of October 5th.

According to the BSO, the primary thrust of the message was intended to challenge the notion that our small bubble here at Valpo is isolated from questions of social justice. (If they needed any help proving this, however, they received it, in the form of KKK symbols graffitied onto the elevator in Wehrenberg hall on the Friday of We Matter Week and the following Tuesday.) The Torch's Caitlynn Shipe quotes student body president Kaitlyn Steinhiser as saying:

“It's important for Valpo to recognize that we're not immune to systemic racism, student organizations are not immune to systemic racism.”

SigEp brothers participated in these events alongside members of the greater Valpo community, and found it both enlightening and saddening - a testament to the evocative and affective nature of the events.

“I was reminded of the intrinsic advantages some people have over others simply due to their race or where they were born,” Said Valpo Sigep brother **David-Paul Schulze** of his experience participating in the “Privilege Walk.” He added, “Thank you to...the Black Student Organization for putting on such a great and educational event.”

The Indiana Zeta chapter of Sigma Phi Epsilon remains proudly committed to taking on the social and interpersonal challenges of privilege, oppression, and prejudice.

“We are proud to support BSO and were excited to participate in We Matter Week...We are looking forward to supporting future events and doing our part [in] creating a more diverse and inclusive community,” Said Chapter President **Charlie Presar**.

HAPPY FOUNDERS' DAY

Our dear old fraternity is celebrated its 119th birthday on November 1.

In celebration of this event, Indiana Zeta hosted a virtual house tour for our alumni. If you were unable to make it and still wish to watch, it can be found on Sigma Phi Epsilon's Facebook page.

Right. Josh and Spencer posing for the house tour.





Chapter Spotlight: Our 2021 Executive Board

Our Executive Board for 2021 was slated and elected this month. These pages provide an opportunity to ‘meet’ our chapters’ new leaders.



Our new ***President***, **Kyle Langreck**, is a junior studying Mechanical Engineering from Cedarburg, Wisconsin.

Our new ***Vice President of Programming***, **Bradley Davis**, is a sophomore studying Physics and Mechanical Engineering from Clarendon Hills, Illinois.



Our new ***Vice President of Finance***, **Spencer Lehmann**, is a sophomore studying Mechanical Engineering from Kenosha, Wisconsin.

Our new ***Vice President of Member Development***, **Matt Morateck**, is a sophomore studying Electrical Engineering and Spanish from Brookfield, Wisconsin.

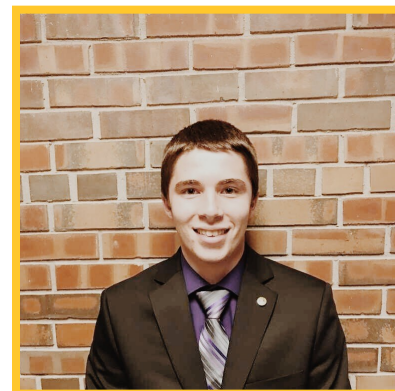


Left. From top to bottom: Kyle, Bradley, Spencer, Matthew

Our new ***Vice President of Recruitment***, **Ryan Cummings**, is a sophomore studying Biomedical Engineering from Chicago Ridge, Illinois.



Our new ***Vice President of Communications***, **Tanner Grashorn**, is a sophomore studying Electrical Engineering from Belvidere, Illinois.

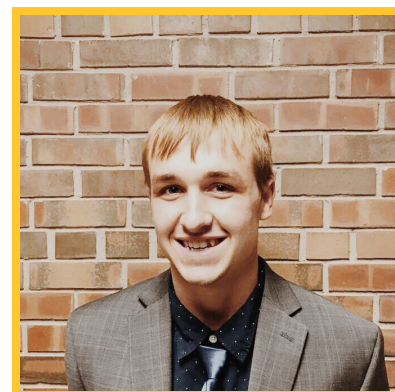


Our new ***Chaplain***, **Dylan Grace**, is a sophomore studying Computer Engineering and Physics from Mill Creek, Indiana.



Our new ***Vice President of SigEp Learning Community***, **Allen Marvel**, is a sophomore studying Meteorology from Galatia, Illinois.

Indiana Zeta will also be selecting new members in leadership positions, and those results will be released in the November's issue.



Right. From top to bottom: Ryan, Tanner, Dylan, Allen

CHAPTER EVENTS:

OCTOBER

A week of quarantine didn't stop Indiana Zeta from having a good time this month.

- 2 Brotherhood Event:**
Two-hand Touch
Football
- 3 Service Event:**
Meadowbrook Park
Cleanup
- 3 BMS Event: Systemic
Racism Discussion**
- 7 Unity Event with
Lambda Chi Alpha**
- 9 Burning Heart**
- 11 Phi Rite of Passage**
- 12 Second Round of BMS
Interviews Starts**
- 14 Sound Mind Event:**
Supper Club with
Professor Ruff
- 25 2021 E-Board Slating**
- 29 Brother Mentor
Rite of Passage**

A Week Within: Surviving Quarantine

(cont. from cover page)

Once the realization had sank in—we would be here for at least ten days, plans started happening. Saturday's spaghetti date night became a brotherhood event Friday night, and pumpkin carving became pumpkin smashing. We helped Lambda Chi's philanthropy out by eating a few trays on Louie's wings, followed by a floor hockey tournament on Saturday. On Sunday, Jack Meyer hosted hide-n-seek in the house, and on Tuesday Benji Ewert ran a spikeball tournament. Doc Janowiak and Jeremy Landgrebe created a mystery murder game on Thursday night, and Dawson Penshorn performed standup Saturday night. Though we may have been stuck at 705 Mound Street all week, it was anything but boring.



Left:
Brothers
smash-
ing
pump-
kins.

Brother Spotlight:

Allen Marvel & the CrossFit Gang

By Brother Dawson Penshorn

Throughout the semester, brothers have continued to keep a sound body by participating in brother Allen Marvel's Crossfit workouts. Allen is a sophomore meteorology major from Galatia, Illinois. He has participated in Crossfit since March of 2015, and has continued to love it for the last five and a half years. He made a channel in our chapter's messaging system specifically for workouts and posts new workouts every day. Allen says, "I wanted to start a Crossfit group in this chapter, because I wanted the brothers to see what Crossfit is like and I wanted to start a program for brothers to get involved with and create a place for brothers to bond and I wanted to create a place for them to be able to exercise and get a workout in." Each of the workouts target different parts of the body, so that throughout the week, brothers work on their entire body. In addition, Allen sets a time everyday that he will complete the workout, encouraging brothers to come and join him. The weight room on the first floor is often bustling with guys getting the workout of the day in. For many brothers, brotherhood with one another is just as great a motivation to get moving as the exercise itself. Overall, over 20 different brothers have gotten involved in Allen's Crossfit workouts. Allen believes that Crossfit helps with just one aspect of building a balanced man, and hopes that brothers working out together will continue for many years to come.



Above: Brother Allen Marvel

Photo personally provided.

Final Thoughts: Words from the Editor

You may have noticed this newsletter was released a day later than normal. That's because we wanted to wait until our new Executive Board was installed, as we voted on a new slate November 1. With a new E-Board comes a potential new leadership team, rearranging many members of the chapter, including myself. Though I am not sure where I will be come next semester, I would like to thank all of the readers of The Red Door for their continued support of Indiana Zeta and its brothers here at Valparaiso University.

Fraternally,

Evan Stock

SigEp

IN ZETA SLC

705 Mound St. Valparaiso IN, 46383

You can unsubscribe to some or all communications by the Sigma Phi Epsilon Indiana Zeta chapter. However, SigEp needs to communicate with you periodically about our chapter or events that may happen in your area, so we encourage you to allow general Fraternity communication through e-mail. SigEp makes every effort to minimize the number of e-mails you receive. To update your contact and/or communication, preferences email us at sigep.externalrelations@valpo.edu.

MEET OUR CHAPTER

Chapter President

Kyle Langreck

sigep.president@valpo.edu

VP of Programming

Bradley Davis

sigep.programming@valpo.edu

VP of Finance

Spencer Lehmann

sigep.finance@valpo.edu

VP of Member Development

Matt Morateck

sigep.memdev@valpo.edu

VP of Recruitment

Ryan Cummings

sigep.recruitment@valpo.edu

VP of Communications

Tanner Grashorn

sigep.communications@valpo.edu

Chaplain

Dylan Grace

sigep.chaplain@valpo.edu

VP of SigEp Learning

Community

Allen Marvel

sigep.rlc@valpo.edu